



STEPPING INTO SOMEONE ELSE'S SHOES

Worksheet Instructions: Do not put your name on this paper, and do not discuss the items with anyone else. Check the boxes of the items that are true for you at work. Please be candid, as you will not report out on your own information. When finished, fold your paper in half and wait for further instructions from your facilitator.

- I have minimized my cultural differences to fit in or get along.
- I have been followed in stores while shopping.
- I keep my disability hidden to prevent discrimination.
- The culture of our workplace is comfortable for me.
- My gender has prevented me from getting promoted or hired.
- I would not feel comfortable identifying myself as gay, lesbian, bisexual, or transgender.
- I feel pressure to fit in or assimilate to minimize conflict.
- I have experienced bias based on my age.
- I have been left out of meetings, discussions, and/or discussions because of my gender.
- I have felt excluded at work, based on my race.
- I have experienced privileges based on my race.
- My workplace does not feel completely inclusive to me.
- I have been the target of racist, sexist, or homophobic comments.
- I have negatively judged someone based on his/her appearance.
- I have been asked to answer for my entire race or gender.
- I sometimes have trouble inserting my voice in discussion.